



Roy D. Heflin

August 6, 2023

Roy David Heflin, 45, of Woodbridge VA passed away on August 6, 2023 at INOVA Fairfax Hospital, following heart failure 2 days prior. Roy was born January 6, 1978 in Japan, as his father was stationed there in the US Army that year. He was a proud graduate of Mount Vernon High School in Alexandria VA. Roy played on his High School's football team as quarterback. Roy's nature was very lovable, and always wanting to be helpful to others. He will be dearly missed by all family and friends.

He was predeceased by his dad, David Jeremy Heflin.

He is survived by his wife, Yeonjoo Yoo; his mom, Hyon Smith; his daughter, Sasha Garland; his sister, Katherine Gemsheim; his grandson River Garland; and numerous nieces, nephews and cousins.

Contributions in memory of Roy can be made to One Mind Church, 13430 Millwood Dr., Woodbridge VA 22191.