



Kenneth Carrick Howden

May 6, 2026

It is with great sadness that we announce the passing of Kenneth Carrick Howden, a devoted son, husband, father, brother, and uncle, on May 6, 2026 at Johns Hopkins Hospital, Baltimore, Maryland.

Ken was born on April 19, 1953 at Walter Reed Army Medical Center, Washington, DC to his loving parents, David and Frieda Howden. He was raised in a military family and spent his youth living in and travelling to different places in the world. Ken developed a passion for automobiles, was a talented saxophone player, gifted student, member of the Lutheran church, and a steady presence in his family's lives. He honorably served in the Army and graduated from Virginia Tech with a degree in Mechanical Engineering and later a Master's degree in Systems Engineering from GW University.

He went on to develop a distinguished career as a mechanical engineer at the U.S Army Engineer R&D Center and U.S. Department of Energy. His work brought him to all corners of the world. His expertise and knowledge made a lasting impact on his work and the people around him.

At home, Ken poured his heart into everything he touched, He had a natural talent for doing everything easily and well, from repairing anything mechanical, maintaining his home and yard with a meticulous flair, to presiding over neighborhood meetings as the President of his homeowners

association. He had a gift for order and care and everyone knew they could always count on him.

Ken will be deeply missed by all who had the privilege of knowing him – a brave, intelligent, generous, and kind man who showed love through his unwavering commitment to his family and community.

Ken is preceded in death by his father, David and is survived by his beloved mother, Frieda, loving wife Mychau, daughter Eileen, her husband Tomas and grandson Arthur, sisters Sandra and Pamela, nephew David, nieces Jessica and Emilia, and countless extended family and friends.

The family will receive friends on Friday, June 5, 2026 at 11:30 AM at Miller Funeral Home, Interment will follow at the National Memorial Cemetery at Quantico at 1:30 PM.

Upcoming Events

The family will receive friends

JUN 5. 11:30 AM (ET)

Miller Funeral Home & Crematory, Inc.
3200 Golansky Blvd.
Woodbridge, VA 22192
703-878-CARE (2273)
<https://millerfuneralhome.net/>

Interment

JUN 5. 1:30 PM (ET)

National Memorial Cemetery at Quantico
18424 Joplin Road
Triangle, VA 22172